

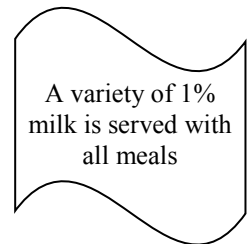
November 2019

Elementary Breakfast \$1.95  
 PCMS/PCHS Breakfast \$1.95  
 Adult Breakfast \$2.00  
 Reduced Breakfast \$0.30

Elementary Lunch \$2.65  
 PCMS/PCHS Lunch \$2.90  
 Adult Lunch \$4.00  
 Reduced Lunch \$0.40

Extra Milk \$0.50

Mon	Tue	Wed	Thu
4 Pancake on a stick or Cereal Assorted Fruit	5 Muffins or Cereal, Cheese Stick Assorted Fruit	6 Omelets & graham crackers or Cereal Assorted Fruit	7 Sausage & Egg Biscuit or Cereal Assorted Fruit
Hamburgers French Fries Assorted Fruit	Quesadillas Refried Beans, Churro Assorted Fruit	Chicken Sandwich Sweet Potato Fries Assorted Fruit	Chicken Pot Pie Broccoli & Cauliflower Assorted Fruit
11	12 Breakfast Burrito or cereal Assorted Fruit	13 Omelets, Graham Crackers or Cereal Assorted Fruit	14 Biscuits and Gravy or Cereal Assorted Fruit
NO SCHOOL	Chicken Drumsticks Mashed Potatoes & Gravy, Roll Assorted Fruit	Rib Sandwich Cole Slaw, Choc. Chip cookie Assorted Fruit	Pizza Green Salad and Carrots assorted fruit
18 Waffles & Sausage or Cereal Assorted Fruit	19 Egg & Cheese Muffin Assorted Fruit	20 Bagel & Cream Cheese Assorted Fruit	21 Pancake on a Stick Assorted Fruit
Popcorn Chicken Smashed Cauliflower Assorted Fruit	Chalupas Refried Beans Assorted Fruit	Hamburgers French Fries Assorted Fruit	Sub Sandwich Green Salad & Carrots Assorted Fruit
25 French Toast Sticks Assorted Fruit	26 Breakfast Burrito Assorted Fruit	27	28
Chicken Sandwich Baked Beans & Chips Assorted Fruit	Popcorn Chicken Tator Tots, Sugar Cookie Assorted Fruit	NO SCHOOL	NO SCHOOL



Your family may be eligible for free and reduced meals. Please complete an application today. Applications are available at every school.

\*\*Our Menu has zero grams of trans fat!! We DO NOT DEEP FRY any of our foods.

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