

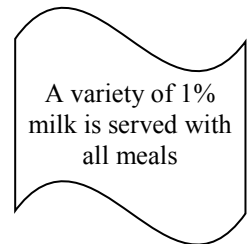
October 2018

Elementary Breakfast \$1.85
 PCMS/PCHS Breakfast \$1.85
 Adult Breakfast \$1.85
 Reduced Breakfast \$0.30

Elementary Lunch \$2.60
 PCMS/PCHS Lunch \$2.85
 Adult Lunch \$4.00
 Reduced Lunch \$0.40

Extra Milk \$0.50

Mon	Tue	Wed	Thu
1 Muffin or Cereal Mixed Fruit	2 Breakfast Pizza or Cereal Assorted Fruit	3 Bagels & Cream Cheese or Cereal Assorted Fruit	4 Biscuits & Gravy or Cereal Assorted Fruit
Hamburger & Chips Baked Beans Assorted Fruit	Chicken Sandwich Sweet Potato Fries Assorted Fruit	Spaghetti & Meatballs Green Salad & Carrots & Breadstick Assorted Fruit	Chicken Nuggets & Dinner Roll Mashed Potatoes & Gravy Assorted Fruit
8 Pancake on a Stick or Cereal Assorted Fruit	9 Breakfast Burrito or cereal Assorted Fruit	10 Blueberry Muffin or Cereal Assorted Fruit	11 Biscuits and Gravy or Cereal Assorted Fruit
Soft Tacos Refried Beans Assorted Fruit	Chicken Alfredo & Garlic Breadstick Green Salad Assorted Fruit	Burritos Cole Slaw Assorted Fruit	Pizza Corn and Carrots assorted fruit
15 Waffles & Sausage or Cereal Assorted Fruit	16 Egg & Cheese Muffin Assorted Fruit	17 Bagel & Cream Cheese Assorted Fruit	18 Pancake on a Stick Assorted Fruit
Chicken Strips Sweet Potato Puffs Assorted Fruit	Pizza Green Romaine Salad Assorted Fruit	Hamburgers French Fries & Celery Sticks Assorted Fruit	Pulled Pork Sandwich Baked Beans Assorted Fruit
22 French Toast Sticks Assorted Fruit	23 Breakfast Burrito Assorted Fruit	24 Oatmeal & English Muffin Assorted Fruit	25 Sausage Biscuit Assorted Fruit
Grilled Cheese Tator Tots Assorted Fruit	Chicken Strips Green Beans & Dinner Roll Assorted Fruit	Chicken Fajitas Refried Beans Assorted Fruit	Pizza Green Romaine Salad & Carrots assorted fruit
29 Blueberry Muffin Mixed Fruit	30 Bagel & Cream Cheese or Cereal Assorted Fruit	31 Breakfast Burrito or Cereal Assorted Fruit	
Hamburger and Chips Baked Beans Assorted Fruit	Tangerine Rice Bowl Broccoli Assorted Fruit	Chicken Nuggets French Fries & Graham Crackers Assorted Fruit	



Your family may be eligible for free and reduced meals. Please complete an application today. Applications are available at every school.

**Our Menu has zero grams of trans fat!! We DO NOT DEEP FRY any of our foods.

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