

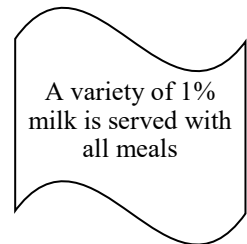
January 2020

Mon	Tue	Wed	Thu
6 French Toast Sticks or Cereal Assorted Fruit <hr/> Hamburgers French Fries Assorted Fruit	7 Breakfast Pizza or Cereal Assorted Fruit <hr/> Chicken Rice Bowl Green Beans Assorted Fruit	8 Bagels & Cream Cheese or Cereal Assorted Fruit <hr/> Chalupas Refried Beans, Churro Assorted Fruit	9 Sausage/Egg Biscuit or Cereal Assorted Fruit <hr/> Pizza Green Salad and Carrots Assorted Fruit
13 Pancake on a Stick or Cereal Assorted Fruit <hr/> Enchiladas Refried Beans Assorted Fruit	14 Breakfast Burrito or cereal Assorted Fruit <hr/> Grilled Cheese Tator Tots Assorted Fruit	15 Omelets & Graham Crackers or Cereal Assorted Fruit <hr/> Chicken and Waffles Coleslaw Assorted Fruit	16 Biscuits and Gravy or Cereal Assorted Fruit <hr/> Sub Sandwich Green Salad & Carrots assorted fruit
20 NO SCHOOL	21 Bagel and Cream Cheese or Cereal Assorted Fruit <hr/> Spaghetti & Breadstick Corn Assorted Fruit	22 Sausage Biscuit or Cereal Assorted Fruit <hr/> Hamburgers Sweet Potato Fries & Celery Sticks Assorted Fruit	23 Pancake on a Stick Assorted Fruit <hr/> Chicken Sliders Baked Beans, chips Assorted Fruit
27 French Toast Sticks or Cereal Assorted Fruit <hr/> Hamburgers French Fries Assorted Fruit	28 Breakfast Burrito or Cereal Assorted Fruit <hr/> Chicken Fajitas Refried Beans Assorted Fruit	29 Cinnamon Rolls or Cereal Assorted Fruit <hr/> Chicken Rice Bowl Broccoli Assorted Fruit	30 Sausage Biscuit or Cereal Assorted Fruit <hr/> Burritos Cole Slaw, Choc. Chip cookie Assorted Fruit

Elementary Breakfast \$1.95
PCMS/PCHS Breakfast \$1.95
Adult Breakfast \$2.00
Reduced Breakfast \$0.30

Elementary Lunch \$2.60
PCMS/PCHS Lunch \$2.90
Adult Lunch \$4.00
Reduced Lunch \$0.40

Extra Milk \$0.50



Your family may be eligible for free and reduced meals. Please complete an application today. Applications are available at every school.
**Our Menu has zero grams of trans fat!! We DO NOT DEEP FRY any of our foods.

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