## Pershing County School District

Mon	Tue	Wed	Thu
			Waffles & Sausage or Cereal     Assorted Fruit
			Sub Sandwich Vegetable Soup Carrots and assorted fruit
5 Sausage Biscuit or Cereal Assorted fruit	6 Choc. Chip Muffin or Cereal Assorted Fruit	7 French Toast Sticks or Cereal Assorted Fruit	8 Cinnamon Rolls or Cereal Assorted Fruit
Teriyaki Chicken Rice Bowl Broccoli Pineapple	Pizza Green Salad & Carrots Assorted Fruit	Pulled Pork Sandwiches Baked Beans & Carrots Assorted Fruit	Chicken Strips French Fries Assorted Fruit
12 No School	13 Bagel & Cream Cheese or Cereal Assorted Fruit	14 Bacon Egg Biscuit or Cereal Assorted Fruit	15 Pancake on a Stick or Cereal Assorted Fruit
	Soft Tacos Refried Beans, Churro Assorted fruit	Hamburgers French Fries & Celery Sticks Assorted Fruit	Sub Sandwich Baked Lays, Green Salad Assorted Fruit
19 French Toast Sticks or Cereal Peaches	20 Pancakes or Cereal Assorted Fruit	21 No School	22 No School
Chicken Alfredo & Breadstick Green Beans Assorted Fruit	Hamburgers Baked Lays & Carrots Assorted Fruit	NO SCHOOL	NO SCHOOL
26 Sausage Biscuit or Cereal Assorted Fruit	27 Blueberry Muffin or Cereal Assorted Fruit	28 Breakfast Pizza or Cereal Assorted Fruit	29 Pancake on a stick or Cereal Assorted Fruit
Popcorn Chicken Tator Tots Assorted Fruit	Hot Ham and Cheese Green Salad and Carrots Assorted Fruit	Chicken Fajitas Refried Beans Carrots and Assorted Fruit	Burrito Green Beans Assorted Fruit

Elementary Breakfast \$1.85 PCMS/PCHS Breakfast \$1.85 Adult Breakfast \$1.85 Reduced Breakfast \$0.30

Elementary Lunch \$2.60 PCMS/PCHS Lunch \$2.85 Adult Lunch \$4.00 Reduced Lunch \$0.40

Extra Milk \$0.50

A variety of 1% milk is served with all meals

Your family may be eligible for free and reduced meals. Please complete an application today. Applications are available at every school.

\*\*Our Menu has zero grams of trans fat!! We DO NOT DEEP FRY any of our foods.

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