Menu is subject to change without notice

## September 2018

## Pershing County School District

4 Breakfast Burrito or Cereal Assorted Fruit	5 Pancake on a stick or Cereal Assorted Fruit	6 Sausage Biscuit or Cereal Assorted Fruit
Popcorn Chicken	Teriyaki Rice Bowl	Pizza
Mashed Potatoes & Gravy, dinner roll Assorted Fruit	Broccoli/Cauliflower Blend Assorted Fruit	Green Salad & Carrots assorted fruit
11 Biscuits & Gravy or Cereal Assorted Fruit	12 French Toast Sticks or Cereal Assorted Fruit	13 Cinnamon Rolls or Cereal Assorted Fruit
Chicken Pasta Bake & Breadstick	Sub Sandwich	Chalupas
Broccoli Assorted Fruit	Vegetable Soup & Carrots Assorted Fruit	Refried Beans Assorted Fruit
18 Sausage, Egg & Cheese Muffin or Cereal Assorted Fruit	19 Bagel & Cream Cheese or Cereal Assorted Fruit	20 Pancake on a Stick or Cereal Assorted Fruit
Sloppy Joes	Hamburgers	Sub Sandwich
Coleslaw Assorted Fruit	French Fries Assorted Fruit	Baked Beans & Green Salad Assorted Fruit
25 Breakfast Burrito or Cereal Assorted Fruit	26 Cinnamon Roll or Cereal Assorted Fruit	27 Sausage Biscuit or Cereal Assorted Fruit
Chicken Pot Pie	Hot Ham and Cheese	Pizza
Corn Assorted Fruit	Smashed Cauliflower Assorted Fruit	Green Salad & Carrots assorted fruit
	Assorted Fruit  11 Biscuits & Gravy or Cereal    Assorted Fruit  Chicken Pasta Bake & Breadstick Broccoli    Assorted Fruit  18 Sausage, Egg & Cheese Muffin    or Cereal Assorted Fruit  Sloppy Joes    Coleslaw    Assorted Fruit  25 Breakfast Burrito or Cereal    Assorted Fruit  Chicken Pot Pie Corn	Assorted Fruit  11 Biscuits & Gravy or Cereal    Assorted Fruit  12 French Toast Sticks or Cereal    Assorted Fruit  Chicken Pasta Bake & Breadstick Broccoli Assorted Fruit  18 Sausage, Egg & Cheese Muffin or Cereal Assorted Fruit  Sloppy Joes Coleslaw Assorted Fruit  Sloppy Joes Coleslaw Assorted Fruit  25 Breakfast Burrito or Cereal Assorted Fruit  Chicken Pot Pie Corn  Assorted Fruit  Assorted Fruit  19 Bagel & Cream Cheese or Cereal Assorted Fruit  Hamburgers French Fries Assorted Fruit  26 Cinnamon Roll or Cereal Assorted Fruit  Hot Ham and Cheese Smashed Cauliflower

Elementary Breakfast \$1.75 PCMS/PCHS Breakfast \$1.85 Adult Breakfast \$1.85 Reduced Breakfast \$0.30

Elementary Lunch \$2.60 PCMS/PCHS Lunch \$2.85 Adult Lunch \$4.00 Reduced Lunch \$0.40

Extra Milk \$0.50

A variety of 1% milk is served with all meals

Your family may be eligible for free and reduced meals. Please complete an application today. Applications are available at every school. \*\*Our Menu has zero grams of trans fat!! We DO NOT DEEP FRY any of our foods.

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